



Empowerment Roles

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The greatest way to serve your group is by growing, emerging, and engaging fully yourself.

Empowerment Team meetings happen outside of class time each week. Empowerment roles are re-voted occasionally—no more than once a month.

Task

Inspirational Driver of the Group:

Task is the conductor of the orchestra, holding the entire process together.

The beacon who models and inspires the group to increasingly become their best selves in partnership and collaboration with the Empowerment Team and the facilitator(s). Empowers others to do their jobs well. Holds strategy and vision for each role to be growing. Reporting to the facilitator(s), Task coordinates the others' roles to optimize the performance, growth, and learning of the team. Task also:

- Manages time and ensures orderly transitions.
- Monitors and facilitates so roles are functioning and using tools.
- Ensures the group follows the directions of facilitator(s).
- Makes sure the role votes happen at an appropriate cadence, and fishbow feedback happens no later than week 12.
- Checks that weekly tracker is updated by 9:00 P.M. CT each Monday with on-time growth reports and best and worst growth reports.

Growth

Heart of the Group:

Growth is the wind beneath the wings of the group.

Leads by engaging and developing one-on-one relationships with each group member. Models full engagement and inspires each group member to take risks toward their vision and goals, stretching into the assignment and any role they hold. Supports each group member to increasingly take ownership of their own learning and growing—and living into their visions in their lives. Success for individuals is seen as interconnected with group success. Continually supports group members to make deeper connections with their assignments. Growth also:

- Holds and shares vision for each member of the group, often beyond what they themselves can imagine.
- Monitors the learning and growing of each person in the group.
- Supports the group with their growth assignments.
- Assigns buddy pairings
- Updates weekly tracker for quality growth report check-ins by 7:00 P.M. CT each Monday.

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Integrity

Accountability of the Group:

Integrity is the glue holding the group together in unity.

Holds group members to their highest vision with the understanding that being in full integrity helps move the group and individuals toward wholeness and living lives full of satisfaction. Holistically supports Task and Growth by relating to the individuals as well as the group as a whole. Brings the group agreements to the attention of each member and gets their buy-in for upholding these agreements in the lab, then tracks these agreements and their completion. Reaches out to group members to complete the agreed-upon Integrity Consequence if someone does not uphold an agreement and supports them to address the dropped agreement—and to examine why it happened and how they can learn from it. When group members are not keeping agreements in the group, they likely have the same kind of gaps in their work, family, and relationships. Integrity also:

- Sends a reminder to the group so reports are posted on time.
- Supports Task by communicating when the group members are back in integrity.
- Works with Growth to determine growthful consequences and communicates when they are done.
- Models personal integrity through exemplary observance of the Rules of the Road, and calls others to the same standard.
- Stays clear about all group agreements, tracks compliance, and supports group members in using tools to restore integrity when an agreement is not kept.
- Texts leaders by Friday noon, and Sunday 9:00 P.M. CT regarding status of on-time growth reports. Reaches out to support those with late growth reports to create a plan to complete growth report and do Stinking Thinking template.
- Updates weekly tracker for attendance and check-in timeliness by 7:00 P.M. CT each Monday.

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Igniter

Networker of the Group:

Igniter sets their world on fire.

Ignites the world and the group by sharing what they are learning and becoming, and to connect to their yearnings with energy and intention! What good is learning and growing if we keep it to ourselves? The Igniter leads us in living beautiful lives by sharing ourselves and what we're learning with others to make a positive impact in the world. Igniting the group will mean talking with groupmates individually, knowing what matters to them, and supporting them to share themselves with others.

A great tool we have for this is the Wonders of Influential and Intentional Networking (WIIN). This involves meeting new people, having meaningful conversations, and sharing what we're learning with others. Play the WIIN game and ignite your group to do the same!

As you become increasingly radiant, ignite your world through social media! Social media (Facebook, Instagram, LinkedIn, Snapchat, etc.) can be an amazing tool to get yourself and your message out in the world. What matters to you? How are you learning and growing? How are you using your assignments (woo!) to emerge? Igniter also:

- Has WIIN dates and encourages lab members to have their WIIN dates!
- Writes blogs and records vlogs about what they're learning.
- Likes, comments on, and/or shares LiveWright posts.
- Takes pictures at trainings and tags LiveWright.
- Shares resources (articles, pictures, memes, news, etc.) with the LiveWright social media community so that the spirit of the LiveWright trainings is reflected online.
- Posts about upcoming LiveWright events or trainings, if so inspired.

Reflector

Remote Liaison of the Group:

The Reflector is the mirror that shows us how we are showing up.

Supports group with their online presence. Reviews the e-etiquette instructions and Zoom best practices within Rules of the Road. The Reflector also:

- Scans that their group members are present, videos are clear, and username is their full name.
- Supports group members who are less computer savvy.
- Optional: supports the playing of dance music to start each meeting.

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Engaged Team Member

Cohesion of the Group:

Engaged Team Members lead the group by virtue of their engagement.

Supports group unity by participating fully, being intentional, taking risks, engaging, sharing from personal experience, and attending to their own growth. Creates value for themselves that radiates to influence the whole group. Each engaged team member also:

- Participates fully and listens attentively.
- Asks meaningful questions that move the group forward.
- Relates the course material to themselves and their lives.
- Supports the leaders of the group.
- Takes responsibility for their own experience and growth.
- Is on time.
- Follows directions from the trainers and group leaders.
- Follows the Rules of the Road.

Group Leader & Assistant Group Leader

Chief Evolving Officer:

Group Leaders & Assistant Group Leaders embody and fulfill the purpose of the group, which is the transformation of all its members.

Facilitates the group process. Maximizes the flow, aliveness, and truth within the group so participants get the greatest possible value out of the weekend and quarter. Facilitates the emergence of each group member's highest and best self. Ensures that all participants apply the work of the training and program to their lives to take appropriate steps to transform. The group leader also:

- Empowers the top three roles to maximize the performance, cohesion, and growth of the group.
- Owns the desired results and maintains the group focus by leading, delegating, and giving feedback with intent to move the group forward.
- Develops group members as leaders in their lives and in the world.
- Aligns group with the overall training objective of transformation.
- Holds group accountable, reporting up and down.
- Enrolls group members in a greater vision for their lives.

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Creating a Culture of Empowerment

Plan how your LiveMORE Learning Lab will be successful: